

PATCH TEST FOR SKIN SENSITIVITY

Jordan Essentials is proud to offer only the best possible products with quality, nontoxic ingredients. Everyone is different, however, and some people may experience some sensitivities to certain products or ingredients. Since we feel it is so important that everyone has the best possible experience with Jordan Essentials, it is recommended to do a “patch test” when trying a new product for the first time.

But what exactly IS a “patch test”, how is it done, what are you looking for, and what do you do if you should experience any reaction?

A “patch test” is when you place a small amount of a product on your skin to verify that it reacts well with your body chemistry. Jordan Essentials recommends testing the product on the inside of the wrist, as the skin in this area is somewhat thinner and will offer the most accurate reaction area while also being well away from airways, eyes, or other sensitive areas. For lotions, use a pea-sized amount or less and massage gently into the skin. For essential oil droppers, always dilute in a carrier oil such as olive or sweet almond oil or, dilute in an unscented Jordan Essentials lotion before applying to the skin.

Once you have applied the product to the inside of your wrist, wait a couple of minutes. If you experience any redness, burning, itching, or swelling, discontinue the use of the product as you have a sensitivity to one or more ingredients in that product. Note that in some cases, a reaction may take up to 48 hours to appear. Usually, people with more sensitive skin will notice a reaction within a short period of time (from seconds to hours). To calm the reaction, apply milk to a cotton ball or cloth and apply to the area. Milk contains fat, amino acids, lactic acid, and vitamins A and D which can help soothe inflammation in the skin.

If you don’t experience any reaction, which is most common with Jordan Essentials products, feel free to use the product as recommended. Jordan Essentials products containing essential oils have been carefully diluted and are generally considered safe, however, to be safe verify with your healthcare professional if you have any concerns, are pregnant, nursing, or taking any medications. For specific skin issues, be sure to contact a dermatologist, particularly if symptoms persist.

Jordan Essentials does not claim to diagnose, prevent, treat, or cure anything. Information provided for educational and entertainment purposes only. Contact your healthcare professional with any specific concerns.