

Resistance

Five powerful, versatile oils to help support your well-being

CLOVE | CINNAMON | LEMON | ROSEMARY | EUCALYPTUS

Suggested Uses

1. Spritz those pits to reduce armpit odor all day
2. Spritz clothing to remove odors
3. Diffuse to cleanse the air
4. Apply to closed wounds (do not apply to open wounds) to promote healing
5. Spray on chest area to help ease minor chest congestion
6. Spritz on soles of feet to help protect against odor-causing bacteria
7. Spray cupped hands and breathe in to help ease lung congestion
8. Use to clean pet cages while our pets are not present and let dry
9. Add a few drops to empty dishwasher to cleanse
10. Add to laundry cycle for fresher smelling clothes
11. Add to mop water to help ward off germs and bacteria
12. Mix 8-10 drops in 4 oz water bottle and spray plant leaves to repel some insects
13. Roll on a bee sting to neutralize
14. Remove airborne odor like fish and onion
15. Spritz cotton ball and place inside shoes to remove odor
16. Mix 2-4 drops with a pea-size dab of JE Skin Relief to soothe irritated skin
17. Add to carpet cleaner to remove odors and reduce germs
18. Mix with baking soda to cleanse bathtubs
19. Spray feet and toes to help soothe foot fungus
20. Spritz on hands when full hand-washing is not available
21. Carry a small bottle on planes to spritz on trays and door handles to reduce germs

