ESSENTIAL STM

Sleep Essential Dil ROLL ON

• This little roller works great on pressure points of wrist, neck, hands and feet

 Lavender, Chamomile, Neroli and Orange make a great blend in grapeseed oil ready to apply. Caution, this demo will make you tired!

- DEMO: Use the hand and foot chart to show where to apply as well as cupping hands and breathing in the aroma for relaxing sleep rituals.
- An added idea is to share how to make a home more conducive to sleep. See Sleep Blog in Jordan Essentials Blog



Everyone loves a good

night's sleep!

