

PEPPERMINT ESSENTIAL OIL SPRAY

Peppermint has long been known as a remedy for nausea, indigestion, cold symptoms, headaches, low energy, and stomach problems. Just smelling the peppermint can quell a queasy stomach and put a pep in your step!

BENEFITS AND SUGGESTED USES

- ✦ Spritz a cotton ball or the space around you to replenish your mind, body, and spirit.
- ✦ Nausea: Spritz a cotton ball and inhale to help ease nausea and queasy stomach.
- ✦ Control Odor: A spritz in the bottom of your kitchen or bathroom garbage can will leave a nice, fresh, minty smell and will also deter those ants, spiders, and mice.
- ✦ Stress Relief: Spritz around your space or a cotton ball to assist with relief from stress, depression, and mental exhaustion. Peppermint can leave you feeling refreshed and uplifted every day and when you are feeling anxious and restless.



KEY INGREDIENTS

- ✦ Peppermint: Fresh, cool, and stimulating to the senses

All Essential Oils are therapeutic grade and maintain Jordan Essentials high standard of quality for your family and ours. Jordan Essentials does not claim to cure any illness. Check with your doctor before use if pregnant, nursing or taking medications. These statements are not reviewed or endorsed by the FDA.

ESSENTIAL OILS