



Healthy Skin ♣ Healthy Life™

PEACE HERBAL BLEND

When life becomes stressful, a little Peace is in order. Ylang Ylang, Patchouli, Clary Sage, Sweet Orange, Thyme, and Frankincense are blended together for a peaceful aromatherapy effect. Perfect when added to prayer and quiet time.

KEY INGREDIENT

- Ylang Ylang: Known to help with PMS and super stressed symptoms to chill out. Has been melting away tension, anxiety, and stress for centuries!
- Patchouli: Helps with sleep, stress, and anxiety. There is a reason it was popular in the 60's!
- Clary Sage: Quells stress and fatigue. The name Clary actually means "to clear!" Really great to relax muscles.
- Sweet Orange: Orange (Citrus Sinensis) a natural tranquilizer. Sweet, warming oil promotes a feeling of well-being.
- Thyme: Acts as a memory booster and an antidepressant. Helps to increase concentration as well.
- Frankincense: Used to alleviate stress and relieve pain.



BENEFITS AND SUGGESTED USES

- Peace out with this earthy blend of stress reducing Essential Oils. Perfect for a cozy day of prayer, book reading, or an in-home spa day. If your day looks crazy, use Peace to bring balance and order to your day.
- Lightly spray a warm Herbal Therapy Face Cloth for a little relaxation time for yourself!
- For aromatherapy use the Roll On in a circular motion on one hand. Rub hands together then breathe deep.

All Essential Oils are therapeutic grade and maintain Jordan Essentials high standard of quality for your family and ours. Jordan Essentials does not claim to cure any illness. Check with your doctor before use if pregnant, nursing or taking medications. These statements are not reviewed or endorsed by the FDA.

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