

MAGNESIUM & MORE

The FDA reports 55% of Americans are deficient in magnesium. The result? Eye twitching, leg and foot cramps, muscle pain, migraines, and more!

BENEFITS AND SUGGESTED USES

- ♥ Relieves symptoms of conditions such as eczema, psoriasis, muscle pain, and cramps.
- ♥ Soothe achy and tired muscles with this Naturally Unscented Magnesium Lotion or Peppermint Magnesium Lotion.
- ♥ Rub Magnesium Lotion onto affected area daily.
- ♥ Take your soothing Magnesium Lotion on-the-go, in the convenience of a stick!
- ♥ Stress Relief: Lavender Essential Oil helps soothe away stress and anxiety for a quiet and calm state of mind.
- ♥ Enhanced with the benefits of Peppermint, Sweet Basil, Lavender and Frankincense, the Magnesium Plus Stick is great for almost immediate relief.
- ♥ Pain Relief that is scent-free!



KEY INGREDIENTS

- ♥ **Unscented Magnesium Lotion**
Made with 30% organic ingredients like Organic Aloe, Sunflower, and Jojoba Oils.
- ♥ Naturally Unscented.
(available in Peppermint scent as well)
- ♥ **Magnesium Plus Stick**
Lavender Essential Oil, Magnesium, Peppermint, and Sweet Basil.
- ♥ **Helio Skin Superfood**
Helichrysum, Magnesium & Skin Relief combined into one superfood for your skin. Each ingredient working to loosen muscles, soothe skin, irritations, and nourish the skin.