

MAGNESIUM DEAD SEA SALT SOAKS

Magnesium is a multi-beneficial mineral that can help ease muscle aches, joint pain, migraines, insomnia, and more. Jordan Essentials has added this natural booster to a specially formulated Magnesium Dead Sea Salt Soak to help relieve a variety of symptoms associated with poor Magnesium intake.



KEY INGREDIENTS

- ✦ Magnesium is important for combating stress and fluid retention, slowing skin aging, and calming the nervous system.
- ✦ Potassium energizes the body, helps to balance skin moisture, and is a crucial mineral to replenish following intense exercise.
- ✦ Calcium is effective at reducing water retention, increasing circulation, and strengthening bones and nails.
- ✦ Bromides act to ease muscle stiffness and relax muscles.
- ✦ Infused with Silica Elastomers to give skin a smooth, silky feel without wrinkles.

BENEFITS AND SUGGESTED USES

- ✦ Use a capful in a warm bath to relieve a variety of aches and pains.
- ✦ Relieves symptoms of conditions such as eczema, psoriasis, muscle pain, and cramps.
- ✦ Athletes can soak away soreness.
- ✦ According to the FDA, 55% of Americans are below the Recommended Daily Allowance (RDA) of Magnesium. 20% are significantly below RDA and only 25% have or are above RDA.

BODY CARE