

ALLERGY ESSENTIAL OIL BLEND

Life and health are so much sweeter with a deep breath. Breathing brings us energy and vitality or deep relaxation. Some days, those airways just don't want to cooperate with our intentions, however. Allergy Blend to the rescue with the perfect blend of essential oils to support the body on those stuffy days. Also helpful with chest congestion, coughing, colds, morning sickness, and days when you just need a little boost.

BENEFITS AND SUGGESTED USES

- ✦ Available in convenient, perfectly diluted blends in either a Roll On, Spray, or stick.
- ✦ Generally considered safe for all ages 3 and up.
- ✦ Use Allergy Blend Spray as a body spray, room spray, or spritz your pillows and bedding. You can also spritz an Herbal Therapy Face Cloth or warm wash cloth and drape lightly over the face for a deep breathing relaxation moment.
- ✦ Apply Roll On to pulse points, along the jawline, on the throat and chest, or for aromatherapy, use Roll On in a circular motion on the hand or finger tips. Rub hands together, cup over the face, and breathe deeply.
- ✦ Apply Allergy Stick directly to skin and problem areas where allergy symptoms affect you the most.
- ✦ Always test product on small area before use.



KEY INGREDIENTS

- ✦ Frankincense: Offers many benefits including support for the immune system, help relieve respiratory concerns, and reduce stress or anxiety.
- ✦ Lavender: Contains natural antihistamine, anti-inflammatory, and regenerative properties, making it a powerful addition to this blend.
- ✦ Lemon: An invigorating essential oil with many constituents found to help support healthy respiration and a healthy immune response.
- ✦ Peppermint: A cooling and stimulating essential oil, peppermint supports healthy blood flow, stimulates cells, and encourages opening of the airways for deeper breathing.

ESSENTIAL OILS

All Essential Oils are therapeutic grade and maintain Jordan Essentials high standard of quality for your family and ours. Jordan Essentials does not claim to cure any illness. Check with your doctor before use if pregnant, nursing, or taking medications. For external use only. These statements are not reviewed or endorsed by the FDA